



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 30th November, 2021

To,

The Secretaries / Executive Committee Members / Life Members

Units of Western India Zone

Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/WZ/CR-04-2021

Sub.: "Mayor Trophy - Western India Body Building Championship 2021"

Dear Sir/Madam

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated Units of Western India Zone to participate in the "**Mayor Trophy – Western India Body Building Championship 2021**"; in the memory of Deputy Mayor Late Shri Premnarayan Yadav and under the Patronage of **Ujjain Nagar Palik Nigam and Rajya Sharir Sausthav Sanstha, Ujjain, Madhya Pradesh**. The said competition is organized on 18th December, 2021 at Kartik Mela Parisar, Near Kshipra River, Ujjain.

We on behalf of Indian Body Builders Federation humbly request all the affiliated Units of Western India zone to participate with best of their body builders to make this championship a grand success.

This Championship is open only for the athletes of the affiliated state association of the Western India Zone.

It is further to be informed that all the participating athletes and officials are strictly supposed to follow the SOP's and guidelines of COVID- 19 issued by Central/ State Government during the championship. All participants are requested to chalk out their journey in compliance to COVID-19 guidelines and travel advisories issued by States/ Union Territories time to time.

Your kind co-operation is solicited.

Thanking you,

For Indian Body Builders Federation

Hiral Sheth

General Secretary





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“Mayor Trophy – Western India Body Building Championship 2021”

PARTICULARS

Contest	:	Mayor Trophy – Western India Body Building Championship 2021
Date	:	Saturday, 18 th December, 2021
Organizer	:	Ujjain Nagar Palik Nigam and Rajya Sharir Saushtav Sanstha
Reception / Registration	:	Hotel Grand, Behind Ujjain Railway Stn., Ujjain.
Venue for Finals	:	Kartik Mela Parisar, Near Kshipra River, Ujjain
Nearest Railway Station	:	Ujjain, M.P.
Nearest Airport	:	Indore
Weight Group		
Men’s Bodybuilding	:	Total Ten Weight Groups Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & Inclusive 80 kgs Up to & inclusive 85 kgs Up to & Inclusive 90 kgs Up to & Inclusive 100 Kg Above 100 Kgs
Eligibility	:	All the affiliated Units of Western India Zone only can send Maximum numbers of body builders since there is no limit on numbers of athletes.
Doping	:	Dope test will be conducted at random by the National Anti-Doping Agency (NADA), New Delhi



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Prizes & Awards for :

- Men's Body Building :
1. First Five places in each category will receive Cash, Medals, Certificates and Memento.
 2. First Five places in each category will receive cash Prizes of Rs. 7,000/-, Rs.6,000/-, Rs.5000/-, Rs.4000/-, Rs.3000/- along with Merit Certificates respectively.
 3. Overall Champion will receive Cash Prize of Rs.51,000/- Along with Merit Certificate.
 4. Best Poser will receive Cash Prize of Rs.21,000/-
 5. Most Improved Body Builder will receive Cash Prize of Rs.11,000/-
 5. All the participants will receive participation certificate.

Entry Fees

Men's Bodybuilding : Rs.1000/- per competitor

Last Date for Entry : 10th December, 2021

Contact : Prem Singh Yadav – 9425091710
Atin Tiwari - 9827414447
Jitendra Kushwaha - 9827360755
Shailendra Vyas - 9425091025

IBBF Secretariat : Ms. Hiral Sheth – General Secretary
Mobile – 98196 37300

- Rules for the Contest :**
1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
 2. All officials and competitors must arrive prior to the schedule.
 3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.
 4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
 5. Golden, Silver, and Bronze colour tanning cream is not allowed.
 6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.



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MANDATORY COVID- 19 GUIDELINES:

- 1.** All the athletes and officials are strictly requested to submit the copy of Final Vaccination Certificate and those who have not taken both the vaccine will have to submit the COVID-19 RT-PCR negative test report conducted 72 hours prior to the date of championship.
The general instructions as per SOP's / guidelines of COVID- 19 issued by Central/ State Government are to be strictly followed by all the athletes and officials during the championship. If it is found that general instruction is not followed by any athletes or officials during the championship, he/she shall be liable to be debarred from the championship.
- 2.** All participants are requested to chalk out their journey in compliance to COVID-19 guidelines and travel advisories issued by States/ Union Territories time to time.

Please Note

- :** The Indian Body Builders Federation, Rajya Sharir Sausthav Sanstha, Ujjain, Madhya Pradesh., Ujjain Nagar Palik Nigam or no other organizers will not be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Saturday 18th December, 2021

- Upto 10.00 AM : Arrival of all competitors, officials and judges
Venue: Grand Hotel Tower F Wing.
- 8.00 AM to 11.00 AM : Breakfast (Grand Hotel Tower F Wing.)
- 12.00 pm to 2.00 pm : Lunch (Grand Hotel Tower F Wing.)
- 11.00 AM to 01.00 PM : Weighing-in (Grand Hotel Tower F Wing.)
- 05.00 PM Onwards : Finals & Prize Distribution (Kartik Mela Parisar, Near Kshipra River, Ujjain)
- 10.00 PM : Dinner (Grand Hotel)

Sunday 19th December, 2021

- 8.00 AM to 9.00 AM : Breakfast (Grand Hotel)
- 9.30 AM Onwards : Departure



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"Mayor Trophy - Western India Body Building Championship 2021"

OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 10th December, 2021

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This to certify that that _____ Body Builders/Officials of _____ is/are taking part in the "**Mayor Trophy – Western India Body Building Championship 2021**" being organize under the authority of **Indian Body Builders Federation** from **18th – 19th December, 2021** at Ujjain, Madhya Pradesh. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For Indian Body Builders Federation

Hiral Sheth
General Secretary